

ANNUAL REPORT

2024



Testimony



“**House of Hope** gave me the space and time I needed to get away from the chaos of the world and everything else going on in my life and in my mind and focus on Jesus. I was overwhelmed emotionally, lost spiritually, and I didn't know who I was or where my life was going, I was truly a lost soul in desperate need of a rooted relationship with Jesus. I have been able to unpack some emotional baggage and find the person God created me to be and not be the person that I think everyone else wants me to be. I've always had my own moral and values, but they got lost trying to impress, be accepted and loved by other people. I know God brought me to House of Hope for a purpose and I am living that purpose out.”

HOUSE OF HOPE STAFF



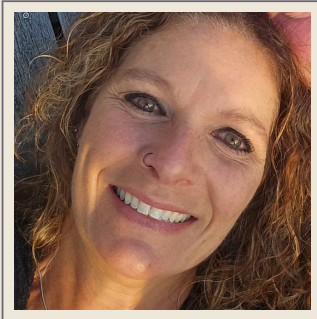
Dr. Jessie Frerich
Executive Director

Susan Lloyd
Director of Programs & Volunteer Services



Kathy Caldbeck
Director of Billing Operations

Diana Jackson, LMHC
Therapist



Angela Beik
Residency Coordinator & Therapy Intake

Morgan Bennett
Marketing & Communications Coordinator

Trisca Dix
Administrative Specialist



Molly Daugherty
Executive Assistant

HOUSE OF HOPE BOARD

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a message from our executive director



DR. JESSIE FRERICH, EXECUTIVE DIRECTOR

Glory to God for all He has done and for all He has planned in the days, weeks, months and years ahead!

Over the past year, we have experienced numerous life-changing moments, and I want to recognize and celebrate all of the HOPE you gave. This vital work is made possible through our sponsors' generous gifts, our supporters' prayers, and our volunteers' dedication. Your contributions have made a significant impact, and we sincerely thank you for sharing your gifts with us!

In 2024, the number of impact hours increased immensely compared to previous years as the community's needs for residency, education, and mental health services continue to grow. We are committed to taking the necessary steps to support, guide, and disciple others.

Every day, we witness new life-changing stories driven by Jesus' unwavering love for us as we share the love, truth, joy, grace, forgiveness, and freedom in Jesus.

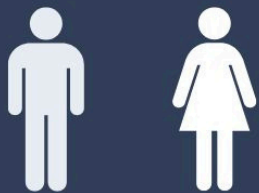
Thank you so much, and may God's favor be upon you. *In Christ, Jessie Frerich*



2024 IMPACT



1,918+
Therapy
Hours



100+
Men and
Women Served
Each Week



2,582
Hours In
Classes

WHAT'S NEW?



Reset Renew
Residency
90% Scholarship



300% Increase
in Inquiries and
Applications



House of Hope
Podcast
January 1 on
Spotify



5 Baptisms
Highly Prized and
Water Baptized



100+
Facilitators and
Volunteers

Classes

As we approach the end of 2024, it's a great time to reflect on our incredible journey at the House of Hope. I am truly grateful for God's blessings and goodness throughout this year. Thank you all for being a part of this community!

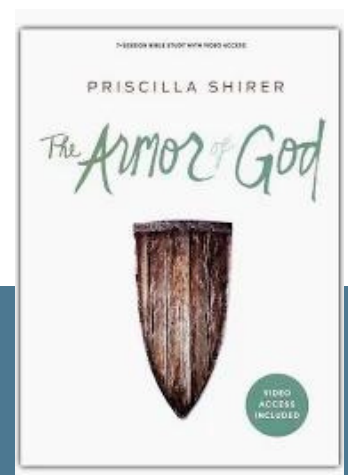
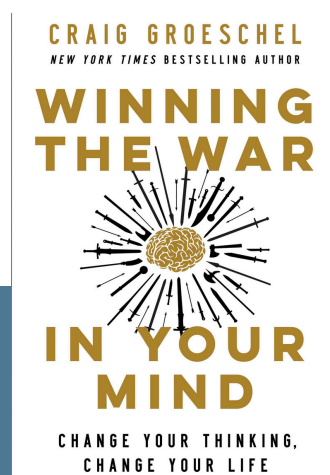
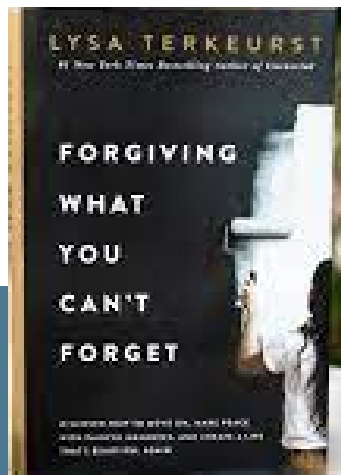
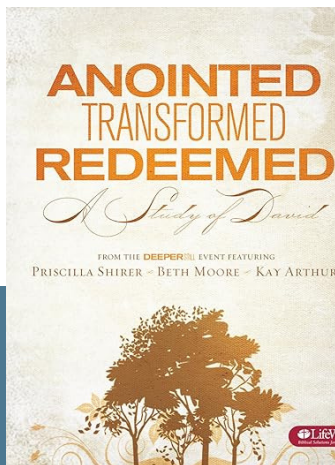


SUSAN LLOYD, DIRECTOR OF PROGRAMS & VOLUNTEER SERVICES

We've formed many meaningful connections, shared profound truths, and witnessed significant healing and restoration. The Ultimate Journey experience has touched the lives of hundreds and will continue to ripple out, impacting many more. Our minds, bodies, and souls have been renewed, and our faith, trust, and personal relationships with Jesus have deepened.

We can't wait to dive deeper with you. Our newsletter and website continue to be the best resources to learn about what House of Hope has to offer, and it will be where you can register for the classes that the Holy Spirit guides you to for your growth.

As we continue to seek inspiring topics, new courses will be added, so be sure to check back often. You will have opportunities to gain a deeper understanding of the Bible, explore your identity in Christ, walk boldly in your faith, and live in peace and harmony with yourself and others





therapy



Clients come to us for various reasons, including grief, depression, anxiety, trauma, and life transitions. We are blessed to consistently witness the transformation of emotionally healthy individuals and families who experience healing through our services.

In 2024, we provided over 1,900 hours of therapy, and because of your generosity, several individuals and families received scholarships to access our support.

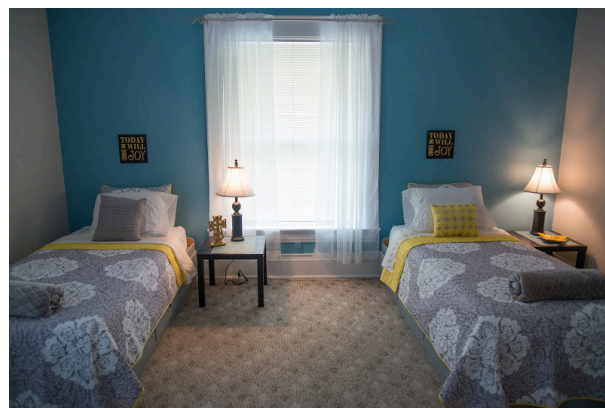
As we step into 2025, our therapy staff is expanding in response to the growing demand for our services from the community. This growth is a remarkable achievement as we continue to provide this vital support to those in need.

Residency

Want to experience transformation?

At House of Hope, our residents are committed to resetting and renewing. They spend time weekly with a therapist, working through topics such as emotional health, addiction, and boundaries. Weekly mentorship meetings cover many topics, including spiritual disciplines, nourishing their bodies, and managing finances, all of which contribute to their individual growth. Their participation in the ultimate journey and attendance at a local church further reinforces their commitment to surrender, discipleship, and serving.

In 2024, our residency program at House of Hope has seen significant growth. **We are proud of the increasing number of women joining us and the work they are putting into leading abundant lives with Christ.** This growth is a testament to the effectiveness and importance of our program, and it fills us with optimism for the future.



"House of Hope is a true place of refuge for a woman with a wounded heart, in need of a safe place to begin the journey of healing."

"Residency at House of Hope has been an incredible experience for me. It has been a time of healing, growth, and inquisition. One thing that has made it so impactful is the balance between community and solitude. Between the staff and other residents, I am surrounded by people who are encouraging and skilled at helping people get beyond the surface issues that often clog up our lives. But I also have space and accountability to take the things I am learning and the questions I am asking God himself and then apply what I hear. It has been like Jesus going up on the mountain alone to meet with His Father. It's been a place where I can respond to God's call to come and know Him more."

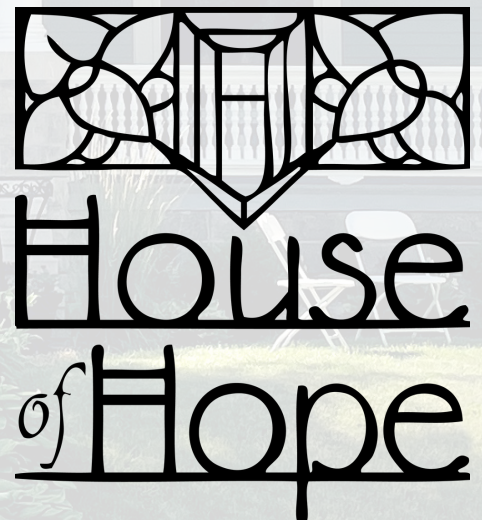
"The House of Hope has changed my life forever through Ultimate Journey 1."

"After being there just one day, I know why they named it House of Hope. I left with so many nuggets of God's truth and a better perspective which provided me just what I needed: a fresh sense of hope."

The first thing that comes to mind is "a place to heal." The House of Hope offers a supportive environment for living, sharing, and healing, and it has provided all three for me. I didn't realize how deeply the negative messages and perceptions about myself (and God) that I internalized during my childhood affected me, even after all these years. With God's intervention, the House of Hope has given me the opportunity to engage in this essential healing work. For that, I am truly grateful for the House of Hope!

"House of Hope has grown and expanded my faith, helping me move from believing to BECOMING what I believe, walking in complete dependence on and for Jesus."

"Every class that I take with House of Hope gives me new tools to handle life and what it throws at me and my family by equipping me to depend on Jesus and surrender. I love that women from all different walks and paths of life can come together and share, dream, and hope!"



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Good News Church
New Hope Church
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BUILDING DREAM HOMES THE WRIGHT WAY

HILLS BANK

Testimony



"My experience at **House of Hope** has been life-changing. I have found the person I was always meant to be. I have seen the root cause of addictions that I had battled for over 15 years. I have broken the stronghold of shame and regret. I learned of God's love for me. I found my voice; I am now able to say no and not feel bad, make healthy boundaries, and stick to them.

I feel like a new person. When I walked into the program, I felt like a child, and I was leaving a woman. There aren't words to express my gratitude and love for House of Hope and the staff. I have found myself and my family here."



House

of Hope