

ANNUAL REPORT

2025



House

of Hope

OUR MISSION:

*Encourage Women.
Equip Disciples.
Empower Transformation.*



OUR VISION:

House of Hope is a **discipleship ministry** passionately committed to serving women through integrative counseling, educational classes, and a residency program.

We exist for women to encounter Jesus.

House of Hope envisions a future where hope is restored, strongholds are demolished, profound healing is experienced, and women live out their God-given purpose.

HOUSE OF HOPE STAFF



Dr. Jessie Frerich
Executive Director



Susan Lloyd
Director of Programs & Volunteer Services



Kathy Caldbeck
Director of Operations



Angela Beik
Residency Coordinator



Morgan Bennett
Development & Communications Coordinator



Molly Daugherty
Executive Assistant



Sarah Heller
LMHT



Diana Jackson
LMHT



Emily Moser
Ministry Support Specialist



Savanna Smith
Therapy Client Support

HOUSE OF HOPE BOARD

President

Kim Wallace

Member

Chase Moser

Treasurer

Greg Voss

Member

Paul Nye

Secretary

Keri Christensen

Member

Dawn King

a message from our executive director

This past year, we have witnessed God's hand moving powerfully through every story, every victory, and every step of transformation. What an incredible reminder that **HOPE** is not just what we offer—it's who He is.



DR. JESSIE FRERICH, EXECUTIVE DIRECTOR

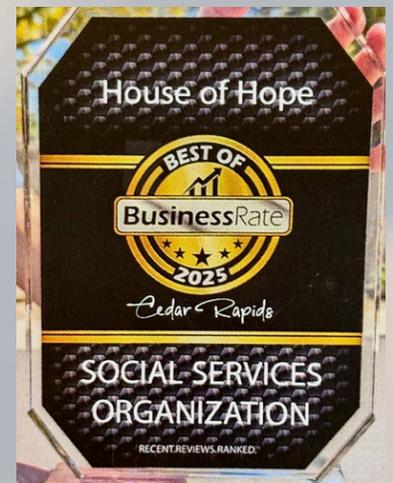
Through your prayers, generosity, and service, lives have been rebuilt, faith has been restored, and hearts have found healing. Because of you, women and families continue to experience the love, truth, and freedom found in Jesus Christ.

In 2025, House of Hope expanded its reach in remarkable ways. We saw a 300% increase in inquiries, applications, and individuals served across residency, counseling, and education programs, as well as new opportunities for mentorship and discipleship. The impact is undeniable—more women finding stability, more families experiencing reconciliation, and more individuals walking boldly in renewed identity and purpose.

Every transformed life is a testimony of God's faithfulness. Together, we celebrate His goodness and look forward with anticipation for all He will continue to do through this ministry.

To Him be the glory, forever.

Jessie



NOMINATION AWARD - 2025

House of Hope offers therapy sessions for individuals, couples, and families. Our clients come to us for various reasons, including grief, depression, anxiety, trauma, and life transitions. We are blessed to witness the transformation of emotional healing consistently.

Integrative Counseling



2,700 Therapy Hours



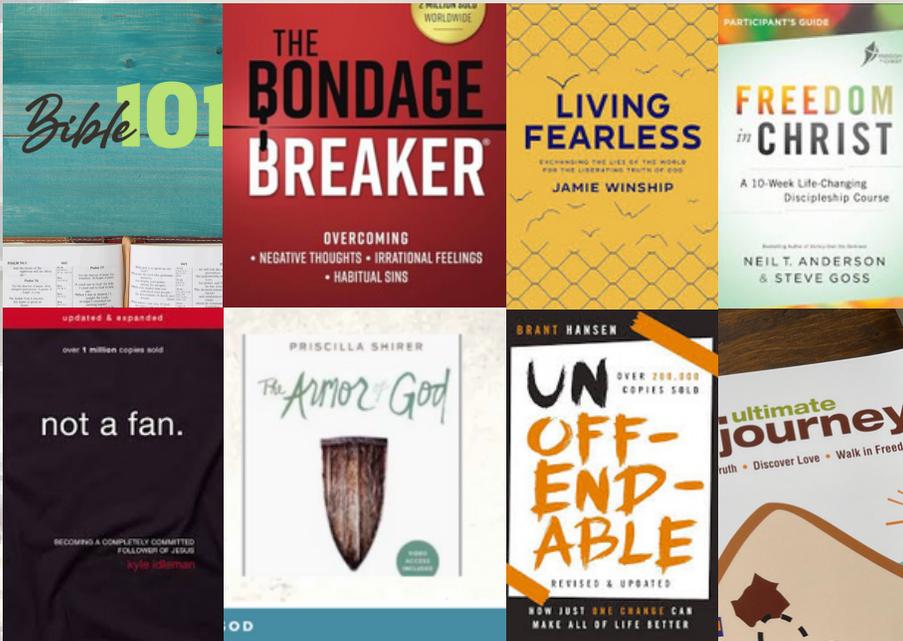
therapy@houseofhopecr.org



319-366-HOPE



Educational Classes

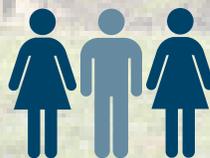


House of Hope facilitates an extensive range of classes and Bible studies designed to cater to a variety of interests and needs.

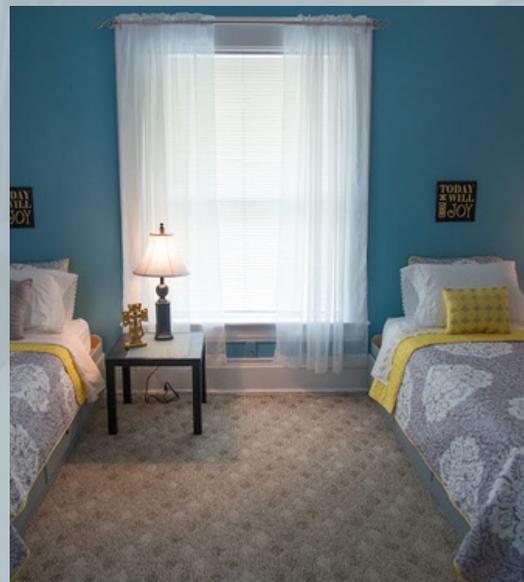
We provide opportunities for individuals to forge meaningful relationships and explore Biblical truths within an authentic community.



300% increase in calls, inquiries, and applications across **all programs.**

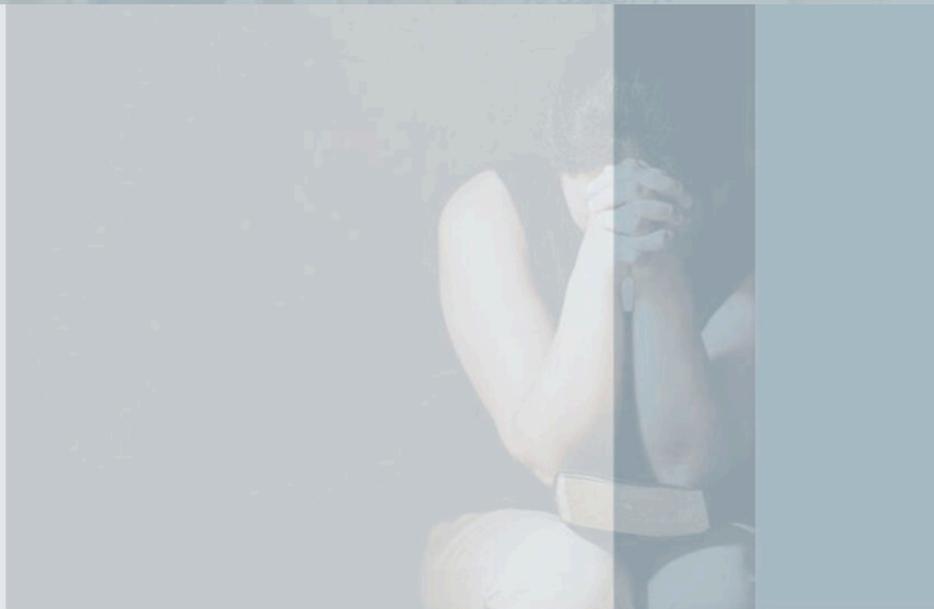


1500+ Educational Hours
25+ Classes Offered



Reset Renew Residency

Testimony



House of Hope's 12-month Residency Program is a safe haven for women to focus on personal and spiritual growth with support, love, structure, and compassion. We help women find purpose and healing during their stay at House of Hope.

"My experience at **House of Hope** has been life-changing. I have found the person I was always meant to be. I have seen the root cause of addictions that I had battled for over 15 years. I have broken the stronghold of shame and regret. I learned of God's love for me. I found my voice; I am now able to say no and not feel bad, make healthy boundaries, and stick to them.

I feel like a new person. When I walked into the program, I felt like a child, and I was leaving a woman. There aren't words to express my gratitude and love for House of Hope and the staff. I have found myself and my family here."

2025 Events

April 5
God
Moments

June 28
Worship
Collective

September 11
Radiance
Benefit

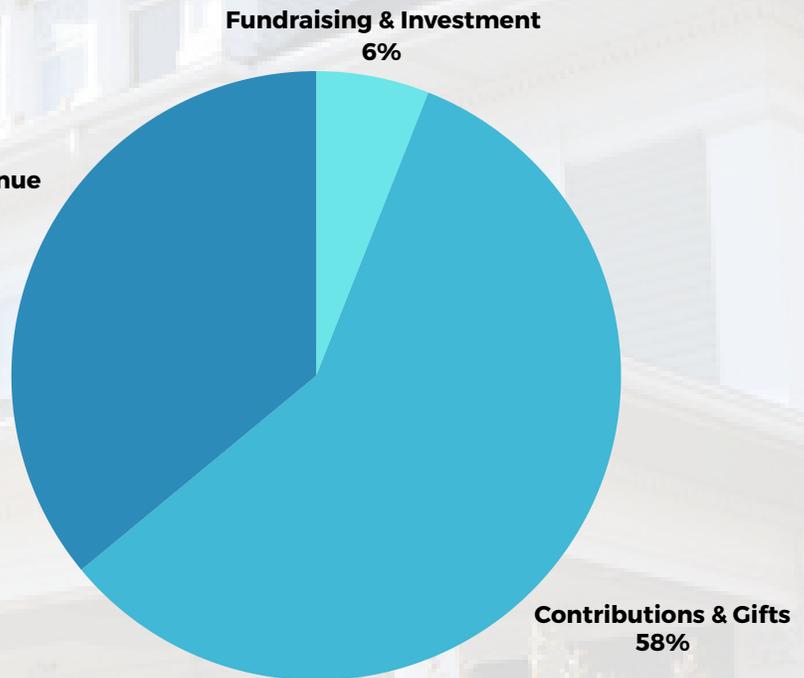
December 6
Festival of
Hope



Financial Snapshot

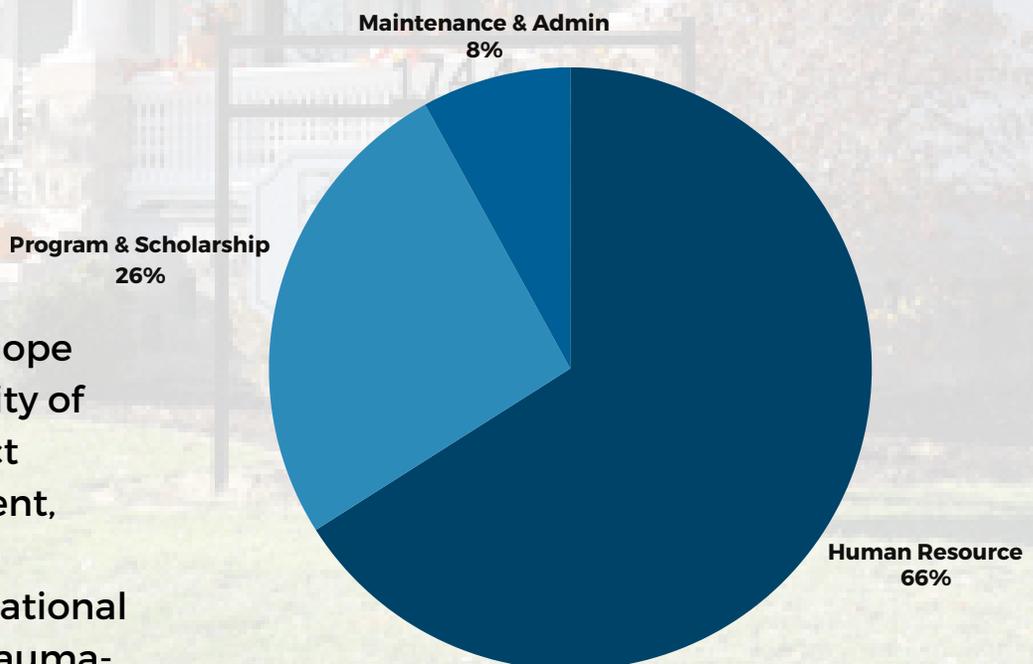
Income

In 2025, 94% of our income came from direct ministry engagement and donor generosity — demonstrating both strong relational discipleship support and sustainable program participation.



Expense

In 2025, House of Hope invested the majority of expenses into direct ministry engagement, reflecting our deep commitment to relational disciple-making, trauma-informed counseling, and hands-on support.



Year Ahead & Partnership Opportunities

Walking into 2026 with faith, focus, and shared mission.

Where We're Headed

In 2026, House of Hope is strengthening the core of our ministry: healing that leads to discipleship, and discipleship that leads to transformation. We are expanding access to counseling, deepening program pathways, preparing for additional residency capacity, and building church partnerships that multiply impact. As we approach our 25th anniversary, we are committed to creating more space – spiritually and practically – for women to encounter encouragement, discipleship, and lasting change.

Strategic Priorities

- Expand counseling scholarships as insurance coverage shifts
- Strengthen discipleship pathways from counseling → classes → residency → leadership
- Prepare for residency growth and increased staffing
- Develop church and community partner networks
- Equip volunteers and mentors for trauma-informed discipleship
- Honor 25 years of ministry while building for what's next

What Your Partnership Makes Possible

- Scholarships remove financial barriers to counseling
- Residents receive housing, community, and discipleship
- Classes offer identity, healing, and spiritual formation
- Mentorship equips women to follow Jesus and help others do the same
- Outreach reaches women before crisis becomes crisis

Your prayers, giving, and presence create access to healing and discipleship – for women today and women still waiting.

Ways to Partner in 2026

- Pray for women beginning their healing journeys
- Give monthly to sustain counseling and discipleship access
- Volunteer or mentor to walk alongside women in transformation
- Connect your church for referrals, service, and shared mission
- Sponsor a resident or participant to directly fund care

Our Invitation

Hope grows when we walk together.

Whether you pray, serve, invest, or open doors through your relationships – you make hope possible.

Join us as we step into 2026, expectant and ready.



Testimonies

"House of Hope is a true place of refuge for a woman with a wounded heart, in need of a safe place to begin the journey of healing."

"Residency at House of Hope has been an incredible experience for me. It has been a time of healing, growth, and inquisition. One thing that has made it so impactful is the balance between community and solitude. Between the staff and other residents, I am surrounded by people who are encouraging and skilled at helping people get beyond the surface issues that often clog up our lives. But I also have space and accountability to take the things I am learning and the questions I am asking God himself and then apply what I hear. It has been like Jesus going up on the mountain alone to meet with His Father. It's been a place where I can respond to God's call to come and know Him more."

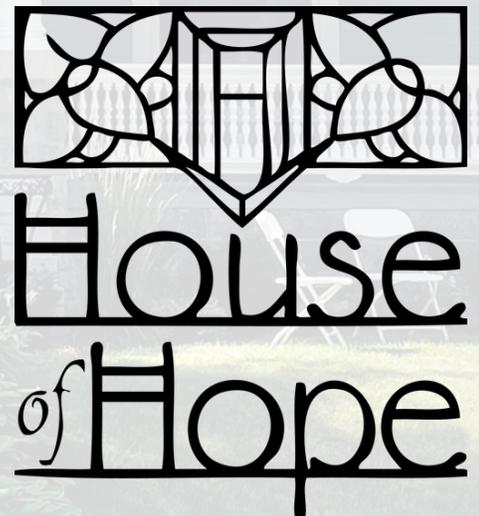
"The House of Hope has changed my life forever through Ultimate Journey 1."

"After being there just one day, I know why they named it House of Hope. I left with so many nuggets of God's truth and a better perspective which provided me just what I needed: a fresh sense of hope."

"The first thing that comes to mind is "a place to heal." The House of Hope offers a supportive environment for living, sharing, and healing, and it has provided all three for me. I didn't realize how deeply the negative messages and perceptions about myself (and God) that I internalized during my childhood affected me, even after all these years. With God's intervention, the House of Hope has given me the opportunity to engage in this essential healing work. For that, I am truly grateful for the House of Hope!"

"House of Hope has grown and expanded my faith, helping me move from believing to BECOMING what I believe, walking in complete dependence on and for Jesus."

"Every class that I take with House of Hope gives me new tools to handle life and what it throws at me and my family by equipping me to depend on Jesus and surrender. I love that women from all different walks and paths of life can come together and share, dream, and hope!"



Sponsors and Supporters



VAN METER



myfsbonline.com | Member FDIC



Church & Community

Antioch Christian Church

FaithLife Lutheran Church

First Open Bible Church

Frank & Margaret Race Foundation

Good News Church

Prairie Bible Church

Radiant Church

Recovery Church

St. John Lutheran Church

St. Joseph Catholic Church



House

of Hope